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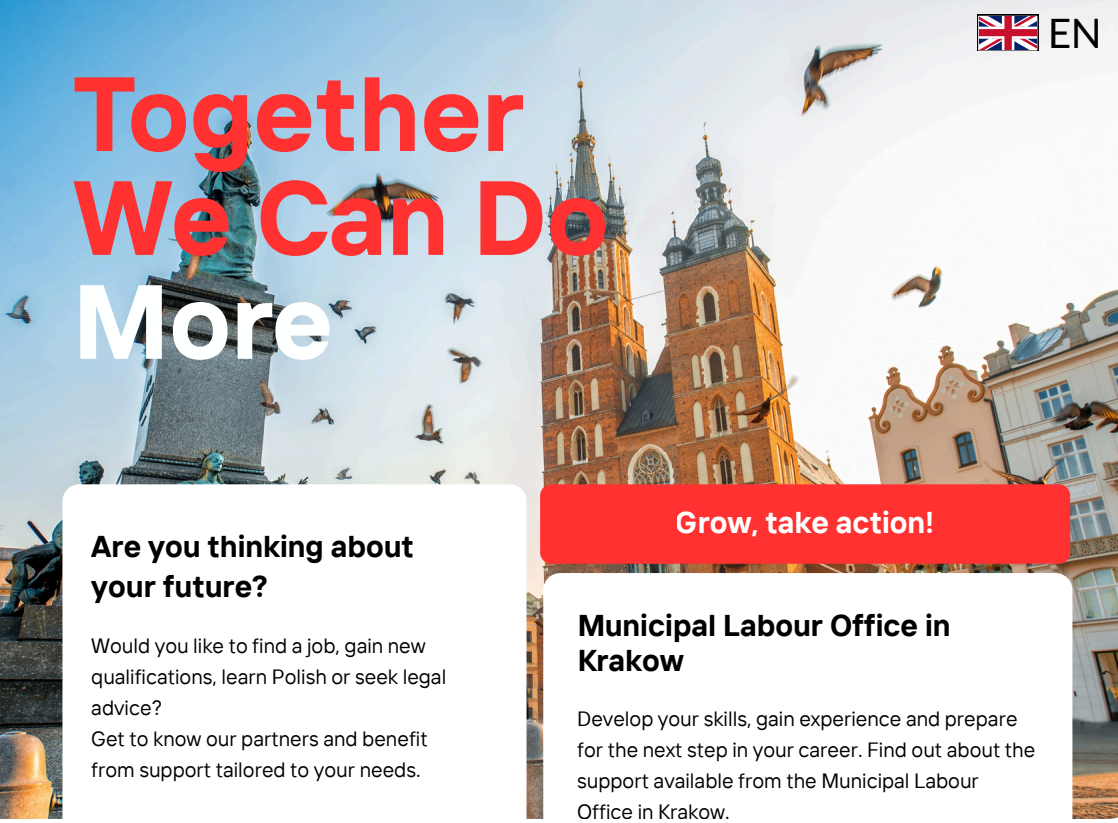
Together We Can Do More



Are you thinking about your future?

Would you like to find a job, gain new qualifications, learn Polish or seek legal advice?
Get to know our partners and benefit from support tailored to your needs.

Grow, take action!

Municipal Labour Office in Krakow

Develop your skills, gain experience and prepare for the next step in your career. Find out about the support available from the Municipal Labour Office in Krakow.

Discover new possibilities with RMW.

- **Who is it for?** Foreign nationals from third countries living in Kraków and the Małopolska region.
- **What do we offer?** Free support with work, education, language learning and integration.
- **How do we work?** We connect people in need of support with trusted organisations and institutions
- **Why is it worth it?** In one place, you'll find information and opportunities to help you develop and get on with your daily life in Poland.
- **Personalised career advice and planning –** setting career goals, identifying your skills and choosing the right career path.
- **Training and work placements –** gaining new qualifications, developing practical skills and the experience needed in the labour market.
- **Preparing for recruitment –** support with writing your CV, preparing for interviews and effectively showcasing your skills.
- **Information on the rights and obligations of employees in Poland –** understanding the rules of employment and employees' rights and responsibilities in the workplace

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Grodzki Urząd Pracy w Krakowie



The Mikołaj Rej Foundation for the Promotion of Polish Culture and Language,

Develop your skills, improve your Polish and receive support in having your foreign qualifications recognised.

- **Courses and vocational training –** develop your skills and expand your career opportunities.
- **Postgraduate studies –** expand your knowledge and gain new qualifications
- **Polish language courses –** learn Polish at various levels
- **Support with the recognition of qualifications and the recognition of foreign qualifications -** assistance with the paperwork.
- **Workshops and support on wellbeing and work-related burnout.**

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SCAN

'Together We Can Do More' - professional activation, development of competences and integration of foreigners.

RMW Kraków

International Education Centre of the Kraków University of Technology

Improve your Polish and find your feet more easily in your new surroundings.

- **Polish language courses -** various levels.
- **Team-building sessions: 'Culture Shock' -** an opportunity to meet new people and a better understanding of life in Poland.

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The Interkulturalni.pl Association

Find out about your rights and where to seek support. We offer practical knowledge and support in situations relating to life and work in Poland.

- **Employees' rights –** information on rights, freedom of association and labour market protection.
- **Equal treatment –** knowledge and support in combating discrimination.
- **Legal advice –** ongoing support with legal matters.

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Grodzki Urząd Pracy w Krakowie

Interkulturalni PL

International Centre of Education ICE.CUT